

# TRANSITIONING TO ADULTHOOD WITH A DISABILITY

## **Who Should Attend:**

- People between the ages of 14-30 who were born with or acquired a disability
- Caregivers of people between the ages of 14-30 who were born with or acquired a disability
- Healthcare Providers (OT, PT, COTA, PTAs, Physicians, Nurses, Social Workers and Students) who work with people with disabilities in this age group

**When:** May 7, 2022      Registration: 8:00-8:15 am; Event 8:15 am-3:45 pm

**Where:** United Ability's LINCPoint Adult Program Building, 101 Oslo Cir, Birmingham, AL 35211

**Cost:** Free to Those with Disabilities and Caregivers  
Healthcare Providers: \$75 (Register On or Before April 7, 2022) After April 7 - \$100  
Students: \$20

**OFFERED IN PERSON AND VIRTUALLY – IN-PERSON SPACE IS LIMITED**

**CLICK [HERE](https://reg.link?d9dy4h) TO REGISTER**

<https://reg.link?d9dy4h>

**(Please Indicate if You Plan to Attend In-Person or Virtually)**

**[A Certificate From APTA Alabama for 7 Contact Hours \(8.4 CEUs for AL PT/PTA Licensees\) will be Provided](#)**

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## **INDIVIDUALS AGED 14-30 WHO WERE BORN WITH OR AQUIRED A DISABILITY AND CAREGIVERS OF THESE INDIVIDUALS**

Are you the one with the disability facing this adjustment to adulthood or have a family member who is? We have information for you to help with long term planning and resources. Come and hear from medical staff, social workers, vocational rehab, therapists and more. Opportunities to visit with many types of services will be offered at booths and breakout sessions. Lunch is provided.

### **Topics Include:**

- Transitioning in the Education System, Work or Entering College
- Housing
- Driving and Adapted Vehicles
- Financial Planning
- Getting Medical Equipment and Supplies
- Attendant Care
- My child has severe cognitive and functional impairments and is growing up and I'm growing older...and MORE...

### **Objectives for Attendees:**

1. Attendees will gain knowledge on the right medical and nursing questions to ask in the transition to adulthood with a disability.
  2. Attendees will gain community resources on various topics such as housing, adapted vehicles, work/college considerations and assistance with care.
  3. Attendees will receive instruction on how to advocate for themselves or loved one and get information on insurance/financial considerations when approaching adulthood.
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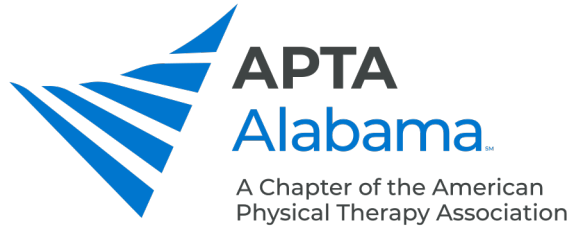
## **HEALTHCARE PROVIDERS AND STUDENT HEALTHCARE PROVIDERS**

If you work with people between the ages of 14-30 with long-term disabilities, it can be difficult to know all of the resources your client needs to get ready for the adult phase of life. Come and hear from medical staff, social workers, vocational rehab, therapists and more. Opportunities to visit with many types of services will be offered at booths and breakout sessions. There is a special Healthcare Provider/Student Healthcare Provider breakout session from 12-1 pm. Lunch is provided.

### **Objectives for Healthcare Providers and Students:**

1. Healthcare providers will describe the difference between therapy goals for pediatrics vs adults with long-term disabilities.
2. Healthcare providers will describe at least 3 differences between what is covered for wheelchairs and seating for pediatrics vs. adults with long-term disabilities.
3. Healthcare providers will identify resources for transitioning from Children's Rehab Services to Alabama Dept. of Rehab services and programs available.

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# UAB MEDICINE

**Schedule:**

8:15-8:30 am	Welcome and Introductions
8:30-9:20 am	Medical/Nursing
9:30-10:15 am	PT/OT – Seating/Wheelchairs
10:30-11:15 am	ADRS/CRS
11:15 am-1:00 pm	Walkabout Lunch – Booths, Vans, Wheelchair Vendors, Home Mods <ul style="list-style-type: none"><li>• Healthcare Providers/Student Healthcare Providers Only - How to Make the Most of Transition Clinics and Resources</li><li>• Care Giver/Young Adult Discussion Group</li></ul>
1:00-2:30 pm	BREAKOUT INTO GROUPS <ul style="list-style-type: none"><li>• Severely/Profoundly Involved Group Homes, LTC, Waiver Programs, Respite Care, Caregiver to Caregiver Time</li><li>• Lakeshore Foundation, Colleges, Advocacy, Housing, Peer to Peer Time</li></ul>
2:30-3:30 pm	Social Work: Financial, Disability Rights, Resources
3:30-3:45 pm	Wrap Up and Evaluations

**HANDICAPPED ACCESSIBLE PARKING IS AVAILABLE**

**IF YOU REQUIRE SPECIFIC ACCOMMODATIONS, PLEASE CONTACT US – [INFO@PTALABAMA.ORG](mailto:INFO@PTALABAMA.ORG)**