



KANSAS
PHYSICAL THERAPY
ASSOCIATION

2019 Fall Conference

November 15-16, 2019

Fort Hays State University Campus
Memorial Union
600 Park St
Hays, KS 67601

Register online at www.KPTA.com

Program Information

This program is designed to be of interest to physical therapists and physical therapy assistants presented by leaders in their field of physical therapy.

Speakers, topics and schedule are subject to change. All program materials will be available online for registered attendees prior to the meeting.

Exhibits will be present displaying products and services of interest on Saturday. Products and services displayed are not necessarily endorsed or sanctioned by the Kansas Physical Therapy Association.

Continuing Education

Courses will be approved for continuing education credit by the KPTA.

In conjunction with the Kansas State Board of Healing Arts (KSBHA) the KPTA approves courses for continuing education credit for physical therapists and physical therapist assistants licensed in Kansas. Additionally, the KPTA provides a continuing education tracking service to Kansas licensed PTs and PTAs. The KPTA tracking service is recognized by the KSBHA in that KSBHA acknowledges KPTA provided CE reports on behalf of tracking subscribers for their license renewal CE requirements.

Conference Schedule

Friday, November 15

12:30–1:00pm *Registration and Information*
Front Desk

1:00–2:30pm *Emergency Health*
David K Fitzhugh, PhD, LAT, ATC, Paramedic, I/C
Gold/Black Room

2:30–2:45pm *Break*

2:45am–4:15pm *Emergency Health (cont.)* 3.0 CEUs
David K Fitzhugh, PhD, LAT, ATC, Paramedic, I/C total
Gold/Black Room

6:00pm *PAC Fundraising*
Paisley Pear, 1100 Main St

Conference Schedule

Saturday, November 16

Tract 1: Orthopedic (Must attend the entire track/time to obtain CEs)	
8:00–8:30am	Registration
8:30–10:00am	Cervical/Thoracic Management Cameron W MacDonald, DPT, GCS, OCS, FAAOMPT Shad Shreiner, DPT, OCS <i>Ballroom</i>
10:00–10:15am	Break / Visit Exhibits
10:15–11:45am	Cervical/Thoracic Management (cont.) Cameron W MacDonald, DPT, GCS, OCS, FAAOMPT Shad Shreiner, DPT, OCS <i>Ballroom</i>
11:45–12:00pm	Break / Visit Exhibits
12:00–1:45pm	Rural Health Business Luncheon Kara Gainer, JD & Steve Postal, JD <i>Ballroom</i> 1.0 CEUs
1:45–2:00pm	Break / Visit Exhibits
2:00–3:30pm	Cervical/Thoracic Management (cont.) Cameron W MacDonald, DPT, GCS, OCS, FAAOMPT Shad Shreiner, DPT, OCS <i>Ballroom</i>
3:30–3:45pm	Break / Visit Exhibits
3:45–5:15pm	Cervical/Thoracic Management (cont.) Cameron W MacDonald, DPT, GCS, OCS, FAAOMPT Shad Shreiner, DPT, OCS <i>Ballroom</i> 6.0 CEUs total

Conference Schedule

Saturday, November 16

	Tract 2: Rural Health	
8:00–8:30am	Registration	
8:30–10:30am	Expanding PT Access via Telehealth Janine Gracy, MS, CHES, CPP Stouffer	
10:30–10:45am	Break / Visit Exhibits	
10:45–11:45am	Expanding PT Access via Telehealth (cont.) Janine Gracy, MS, CHES, CPP Stouffer	3.0 CEUs total
11:45am–12:00pm	Break / Visit Exhibits	
12:00–1:45pm	Rural Health Business Luncheon Kara Gainer, JD & Steve Postal, JD Ballroom	1.0 CEUs
1:45–2:00pm	Break / Visit Exhibits	
2:00–3:45pm	Human Trafficking Dorothy Stucky Halley, LMSW Stouffer	1.75 CEUs
3:45–4:00pm	Break / Visit Exhibits	
4:00–5:15pm	Rural Health Issues Panel Discussion AJ Thomas, PT, DPT, Board-Certified Sports Clinical Specialist Camille Snyder, PT, DPT Troy Moore, PT, DPT, ATC Jennifer Caswell, PT, DPT Stouffer	1.25 CEUs

Registration Fees

Columns in white include discount for Early Bird pricing if registered before Tuesday, October 29th.

	Friday, Nov 15		Saturday, Nov 16		Business Lunch (Saturday)	
PT Member	\$48	\$60	\$112	\$140	\$0	\$0
PTA Member	\$40	\$50	\$81	\$116	\$0	\$0
Student Member	\$12	\$15	\$28	\$35	\$0	\$0
Life Member	\$17	\$21	\$40	\$50	\$0	\$0
PT Non-member	\$58	\$72	\$134	\$168	\$12	\$12
PTA Non-member	\$48	\$60	\$112	\$140	\$12	\$12
Student Non-member	\$17	\$21	\$40	\$50	\$12	\$12

Registration fees include admittance to the Exhibit Hall and breaks. While there is no cost for the business meeting to KPTA members, you must register for lunch if you plan to attend.

Accommodations

Holiday Inn Express – Hays, KS

Conveniently situated less than one mile from I-70 at 4650 Roth Avenue and only 5 miles from Fort Hays State University, the Holiday Inn Express® Hays, Kansas is located minutes from shopping, restaurants and entertainment.

Overnight guests enjoy special features including:

- Free high-speed, wireless Internet access throughout the property
- 24-hour Business Center
- Complimentary daily hot Express Start Breakfast Bar
- Sparkling indoor pool and an on-site Fitness Center

Secure your reservation at the KSPTA rate of only \$99.00 by contacting the hotel directly at 785.625.8000 (When speaking with the front desk at the hotel, be sure to remind them you're with the KSPTA group.) The association's reservation block will expire on October 25, 2019.

Session Information

Friday, November 15

What do I do before and after calling 911? Lessons not taught by Johnny and Roy

David K Fitzhugh, PhD, LAT, ATC, Paramedic, I/C

1:00-4:15pm — 3.0 Contact Hours of CE

Program Description:

This session will present evidence based information on common prehospital emergencies including considerations on recognition and care that clinicians may experience in both the home and clinic settings. Emergencies often happen when least expected and all health care providers should be prepared to recognize, care for and implement an emergency action plan when appropriate. Information on acute care low frequency skills with high impact on positive patient outcomes will be covered. This includes a detailed look at recognizing and caring for cardiac arrest, acute myocardial infarction, stroke, injuries due to falls, common respiratory emergencies, sepsis, seizures and altered mental status. Attention will be also be given on planning for these emergencies, working with local EMS services and examining issues in rural Kansas EMS systems.

Program Objectives:

At the completion of this session, participants will be able to:

1. Differentiate between the different types of Kansas EMS systems and the challenges faced by each.
2. Explain the importance of establishing emergency action plans for both the clinic and outreach settings.
3. Examine the correct application of CPR to improve patient outcomes.
4. Describe the process of cardiocerebral resuscitation.
5. Summarize hemorrhage control treatment techniques.
6. Discuss changes in prehospital spine injury management techniques.
7. Identify common prehospital sudden illnesses or injuries conditions and their associated current care.
8. Provide an EMS oriented patient care report with pertinent medical information.

Presenter Bio:

Dr. David Fitzhugh is an Associate Professor and the Athletic Training Program at FHSU. He graduated from Barton County Community College with his AAS in Paramedicine, New Mexico State University with his BS in Athletic Training, Fort Hays State University with his MS in Sport Administration, and the University of Tennessee at Knoxville with his PhD in Exercise Science. He has worked as an athletic trainer for 25 years with 11 of those in the clinical setting and the last 14 in full-time in academia. He has been both a volunteer and paid Emergency Medical Service Provider since 1989 and is currently a part-time Paramedic with Ellis County EMS. He is also a Kansas Board of EMS certified Instructor/Coordinator. He has conducted many presentations of various topics at state, regional and national athletic training and EMS conferences as well as workshops for different EMS agencies. He provides evidence-based continuing education focusing on prehospital acute and emergency care, spinal injuries and numerous other topics. Finally, he serves on numerous committees and work groups in both professions.

Saturday, November 16

Saturday offers two different learning tracks. Please register for only one track.

Track 1: Orthopedic

(Must attend the entire track/time to obtain CEs)

Cervical and Thoracic Management: Manual Therapy and Specific Exercise Interventions

Cameron W. MacDonald, DPT, GCS, OCS, FAAOMPT & Shad Shreiner, DPT, OCS

8:30am-5:15pm — 6.0 Contact Hours of CE

Program Description:

This course will cover what you need to know to make a difference on day one for your patients with cervico-thoracic impairments. Through instruction in cervico-thoracic assessment, hands-on manual interventions and instruction for specific exercise interventions you will obtain the skills to promote optimal cervico-thoracic performance and recovery. These skills will enable gains in your patient care interventions the next day in the clinic. Manipulative interventions will be reserved to licensed clinician's and students as applicable. Specific emphasis to whiplash management will be included.

Session Information

Program Objectives:

At the completion of this session, participants will be understand:

1. The progression of a skilled orthopedic examination of cervico-thoracic region based upon evidence-based assessment and classification.
2. How to develop manual interventions through the spectrum of mobilization through the cervical & thoracic spine and within the cranio-cervical region.
3. Strategies to include cranial and vestibular assessment for whiplash patient management.
4. How to identify functional exercise interventions to promote cranio-cervical function.
5. How to develop a structured treatment approach adapted to the unique needs of a patient when managing cervico-thoracic impairments.
6. Develop or advance proficiency in manipulative interventions in the cervico-thoracic region.
7. Develop neurodynamic mobilization interventions for radiculopathy management.

Presenter Bios:

Dr MacDonald received his initial Physical Therapy (PT) education in Australia at Sydney University, and continued his education with the completion of his Doctoral Degree in PT from Regis University in Denver, CO. He has obtained and re-certified status as a Board Certified Specialist in Orthopedics and Geriatrics in the USA. He has also obtained Fellowship status in Orthopedic Manual Physical Therapy (OMPT). He has received multiple national research awards from the APTA, AAOMPT and JOSPT and has published in multiple journals and authored multiple clinical practice guidelines. He has taught across the USA, internationally in multiple settings and continues with an active research agenda. He spent 25+ years in clinical practice in a primary orthopaedic setting/s. Currently Dr MacDonald is the Director of the Regis Fellowship in OMPT, instructing in manual therapy, specific exercise and dry needling in all primary regions of the body. He is an Assistant Professor at the Regis School of Physical Therapy. He is the past Colorado Chief delegate, and the current Chapter President. His current PhD studies on the genesis of manual therapy for all primary professions.

Dr Schreiner has taught hands on continuing education courses in Colorado and Hawaii in multiple settings over the last five years. He completed an orthopaedic residency and is a board certified specialist in orthopaedics and is a CCCE and frequent educator for DPT students. As a Kansas native, a very keen outdoor enthusiast and graduate of KU and FHSU he is looking forward to returning home for this conference.

Track 2: Rural Health

(You are expected to attend all sessions, CE Certificates will be issued for each session)

Expanding Access to PT via Telehealth

Janine Gracy, MS, CHES, CPP

8:30am-11:45pm — 3.0 Contact Hours of CE

Program Objectives:

1. Explore the benefits and barriers of telemedicine & telehealth
2. Identify the necessary components of an organizational assessment for telehealth readiness by examining one such tool (eSTART)
3. Review technical advances in telehealth to increase familiarity with existing technologies and capabilities in the telehealth domain
4. Review Research concerning telehealth and Physical Therapy
5. Review known aspects of the new Kansas Telemedicine Act

Presenter Bios:

Janine Gracy, is the Project Director of the Heartland Telehealth Resource Center serving Kansas, Missouri and Oklahoma. She has spent her career in the field of health sciences, leading organizations and communities in public health initiatives and the strategic planning process. She has extensive experience in program development, organizational management, grant writing and building the capacity of individuals and organizations through leadership, coaching and best practice training. Janine has a Master of Science in Education, A Bachelor of Science in Education, both in Health Sciences from the University of Kansas. She is a Certified Health Education Specialist and a Certified Prevention Professional. Janine grew up in rural Kansas and is a champion of programs concerning health, education and health care access.

Session Information

KPTA Business Luncheon — Rural Health and Telehealth: What are the Implications for Physical Therapists? A Regulatory and Legislative Overview

Kara Gainer, JD & Steve Postal, JD

12:00–1:45pm — 1.0 Contact Hours for CEs and Membership Meeting

Program Description:

APTA staff Kara Gainer, JD and Steve Postal, JD will be discussing the legislative and regulatory landscape surrounding telehealth and rural health, including APTA's legislative initiatives to expand access in rural areas, reimbursement challenges in telehealth and rural health, and the applications of telehealth for physical therapists (PTs).

Program Objectives:

By the end of this presentation, participants should be able to understand:

1. Present and potential applications of telehealth to extend physical therapy services to remote, rural, and underserved areas;
2. Public and private payer reimbursement challenges for telehealth services furnished by PTs;
3. Current legislative and regulatory developments surrounding telehealth and broadband infrastructure;
4. APTA's legislative goals to allow PTs to participate in the National Health Services Corps Loan Repayment Program and add physical therapy as a reimbursable service in community health centers (FQHCs and Rural Health Clinics).

Presenter Bios:

Kara Gainer, JD

Director, Regulatory Affairs, American Physical Therapy Association

As Director of Regulatory Affairs for APTA, Kara leads, manages, and provides strategic direction to the regulatory affairs team on key programs and initiatives in the federal regulatory space that help to move forward the priorities of the Association for the advancement of the profession in the area of payment and public policy. She works to develop and advocate APTA's position before federal agencies in order to have a positive effect on federal regulations, statutes and other governmental directives that affect the profession of physical therapy. She also is responsible for leading member initiatives and developing policies and programs that promote the practice of physical therapy. She has extensive knowledge and experience working on policies related to Medicare, Medicaid, health care reform, coding, and provider billing and reimbursement. Prior to joining APTA, Kara was a health care consultant with Drinker Biddle & Reath, where she developed and executed comprehensive public policy strategies for her clients that integrated legislative, regulatory, and communications efforts. She also served as an Attorney Advisor for the US Department of Health and Human Services Office of Medicare Hearings and Appeals and clerked with the U.S. Senate Sergeant at Arms. Kara received her bachelor's degree in psychology from the University of Montana and law degree from the University of Montana School of Law, and is a member of the District of Columbia Bar.

Steve Postal, JD

Senior Specialist, Regulatory Affairs, American Physical Therapy Association

Steve Postal joined APTA in February 2019. Prior to joining APTA, Steve was a senior director of state policy for the Pharmaceutical Research and Manufacturers of America (PhRMA), focusing on legislative and regulatory policy development in the Mid-Atlantic and Southeast states. Prior to that, Steve served as the director of health policy at Powers Pyles Sutter & Verville, a law firm, where he focused on federal regulatory rehabilitation and post-acute care policy. He also was the director of the Medicaid Resource Center at the National Association for Home Care & Hospice (NAHC), where he specialized in Medicaid home care policy. Additionally, he served as a contracts and grants specialist in clinical research administration for MedStar Health, a large hospital system, and as an associate at the Maryland Office of the Attorney General, splitting his time between the Medicaid Fraud Control Unit and the Health Occupations Prosecution and Litigation Division. Steve received his bachelor's degree in history, with a minor in government, from Bowdoin College, and his law degree with a concentration in health law from Case Western Reserve University School of Law. Steve is a member of the Maryland and District of Columbia bars.

Session Information

Human Trafficking

Dorothy Stucky Halley, LMSW

2:00-3:45pm — 1.75 Contact Hours of CE

Program Description:

This course provides the professional with an understanding of human trafficking, the toll on Kansas communities, and what professionals can do about it. The focus will be on both identification and effective, multi-disciplinary response.

Program Objectives:

Participants will learn:

1. Prevalence considerations
2. Identifying factor for both sex and labor trafficking
3. Basic changes in Kansas Statutes regarding human trafficking
4. Practical consideration for intervention
5. Reporting expectations for the health professional
6. Services needed and resources for victims

Presenter Bio:

Dorothy Stucky Halley, LMSW, is the Director of the Victim Services Division of the Office of Attorney General, serving in this capacity since 2007. She has worked in the field of domestic violence since 1986. Her motive typology for those who batter has created a new understanding for advocates, law enforcement, prosecutors, judges, and others in the domestic violence field, resulting in national and international presentations. Halley has presented for the United Nations Commission for the Status of Women Conference multiple times. Her work in the human trafficking field led to the development of the Kansas Human Trafficking Advisory Board, or HTAB, in 2010. She currently serves as co-chair. Halley was the Executive Director of Safehouse, Inc. for over a decade, and has provided expert witness testimony in domestic violence cases since 1989. Halley received the Outstanding Victim Advocate of the Year award in 1996 from KCSDV. Her work with those who batter began in 1991, and led to her co-founding the Family Peace Initiative (FPI). Halley was the Practicum Director and Assistant Professor at Pittsburg State University in the Social Work Program from 1997 to 2007, before accepting her current position. She is the past president of the Kansas Chapter of the National Association of Social Workers (KNASW), the Kansas Coalition Against Sexual and Domestic Violence (KCSDV), and the Kansas Organization for Victim Assistance (KOVA). She also serves as a consultant for the Kansas Domestic Violence Fatality Review Board (KDVFRB). In addition to her work, Halley loves water skiing, traveling, gardening, and most of all, spending time with her family.

Rural Health Issues — Panel Discussion

AJ Thomas, PT, DPT, Board-Certified Sports Clinical Specialist; Camille Snyder, PT, DPT; Troy Moore, PT, DPT, ATC; Jennifer Caswell, PT, DPT

3:45-5:15pm — 1.25 Contact Hours of CE

Program Description:

This group of KPTA Leaders will discuss how they are facing the challenges of Rural Health, the unique issues involved and take questions from those attending.

Questions about the meeting?

Contact the KPTA Office at info@kpta.com or 913-295-9919

